# What to Bring - Summer

\*Please bring lunch on your arrival day.

# **Summer Gear List**

## Hiking:

- Hiking boots
- Gaiters for early season hiking
- Wind and water resistant pants
- Wind and water resistant jacket
- Wool sweater or fleece jacket
- Hiking pants (not blue jeans)
- Long underwear shirt and pants
- Long sleeve shirt
- Short-sleeved shirt
- Shorts
- 3 pairs of hiking socks
- Wool or fleece hat
- Sun hat
- Scarf or neck tube
- Mitts or light gloves
- Sunglasses with UV protection
- Sun block lotion & lip protector
- Small daypack
- Thermos and/or water bottle
- Camera (charge batteries at home)

#### Lodge life:

- Mountain casual clothing for meals
- Personal toiletries
- Flashlight with extra batteries
- Bathing suit for sauna (optional)
- Inside shoes (runners)

## Additional items if hiking in or out:

- First aid kit and matches
- Trail map
- Trail guide book

#### Optional hiking gear:

- Poles for hiking
- Fishing rod and tackle
- Camp knife
- Mosquito repellent (July and early August)